

Shaking Things Up: 14 Young Women Who Changed the World

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Illustrated by various artists

Book Description

Elementary | Biography

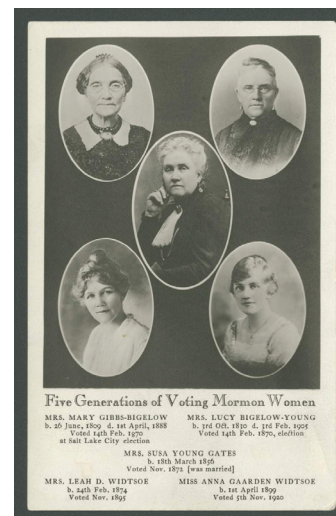
This work depicts through beautiful illustrations and poetry the lives and experiences of 14 young women (one just six years old, another only thirteen) who were pioneers in their fields. From the first known female firefighter in the United States to Malala Yousafzai, youngest winner of the Nobel Peace Prize, the legacies of these young women are timeless and inspirational.

Discussion Questions

- Choose one of the young women from the book. What do you find inspiring about her story?
- Why do you think the author chose these young women specifically? Is there a pattern or theme that unites them? If so, what is that pattern, and how can you see it in your own life?
- Who are some influential young women in society today? What makes them influential to you? How can you emulate those qualities in your own life?
- Choose one girl from the book and create an argument as to why she is the most influential of them all. Support your idea with facts and real-life application.

Utah Connection

Since the women's rights movement spanned several decades, many older suffragists mentored younger women who became suffragists. For example, Dr. Martha Hughes Cannon was mentored by Emmeline B. Wells when Mattie worked as a typesetter for the Woman's Exponent, the women's rights newspaper that Emmeline edited. Additionally, since women in Utah were first given voting rights in 1870, several generations of Mormon women voted by the time the 19th Amendment was ratified, granting women's suffrage at a national level, in 1920.



Five generations of voting Mormon women who voted in Utah's first election where women could vote in February 1870 to November 1920, the first election where women could vote in federal elections. Courtesy of the LDS Church History Library.